



## Patient Care Costs

**Effective Date: January 1, 2026**

**All services are eligible for FSA and HSA**

### OFFICE VISITS

- Initial Office Visit – **\$150**
  - Injection (if needed) – **+\$100** Digital X-rays (if needed) – **+\$75**
- Follow-Up Visit – **\$100**
  - Injection (if needed) – **+\$100** Digital X-rays (if needed) – **+\$75**

### CUSTOM-MADE 3D ORTHOTICS – \$600

- Includes evaluation, fabrication, and fitting
- One follow-up visit, including Orthotics ready in approximately one week
- Injection – **+\$100** | X-rays – **+\$75** (if needed)

### PERMANENT INGROWN TOENAIL CORRECTION

- First toe – **\$375** Each additional toe – **\$200** and, one follow-up visit, and post-operative supplies

### LASER TREATMENT FOR FUNGAL NAILS (LUNULA LASER)

- Both feet – **\$1,100** One foot – **\$650**
- Includes evaluation and follow-up visits every three months with **Dr. Bembynista personally**

### SURGICAL CARE

- Procedures performed in an **in-network facility** are paid at an **in-network level of coverage under federal law (No Surprises Act)**.
- **All applicable deductibles and co-insurance apply**, consistent with the **in-network physician allowable**.
- When procedures can be safely performed **in-office**, costs are significantly reduced.

### INSURANCE, OUT-OF-NETWORK & DEDUCTIBLES

- Receipts may be submitted for **out-of-network insurance benefits** and/or **HSA/FSA reimbursement**
- Medicare, TRICARE, and many insurance plans do **not** offer out-of-network benefits
- If out-of-network benefits are available for office-based procedures, patients will receive a receipt that may be forwarded to their insurance carrier to be applied toward deductibles

